

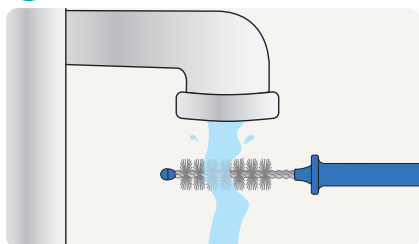
To keep your voice prosthesis functioning well and maximize device life, clean your voice prosthesis (VP) in the morning, evening and after meals using the Provox Brush and Provox Flush.

How to use Provox Brush

For VPs 10mm or shorter use a regular Provox Brush or Provox Brush Long*, for VPs 12.5mm or longer, use a Provox Brush XL or Provox Brush Long XL*.

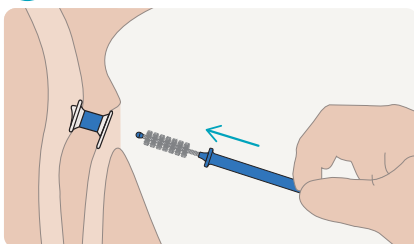
*"Long" refers to the longer handle on the Brush.

1 Apply water



Apply drinking water to Brush bristles to moisten.

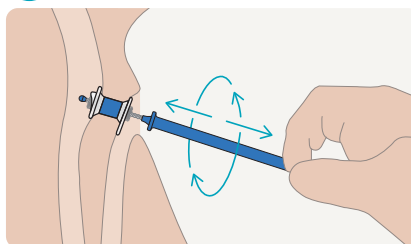
2 Insert Brush



Insert Brush all the way through the VP. The blue Brush handle can be bent to help access the VP.

Note: Do not bend wire head.

3 Move Brush



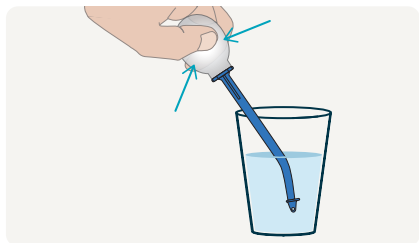
Move Brush gently back and forth while rotating. Continue in this way until the Brush comes out clean.

How to use Provox Flush

Use the Provox Flush with drinking water or air. Practice with air first before moving on to water.

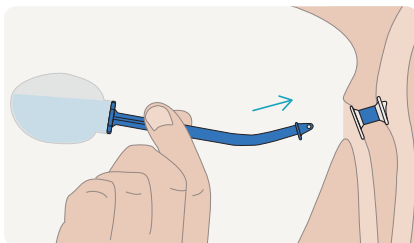
Do not use with any liquid other than water. Warning: Avoid getting water in trachea.

1 Dip in water



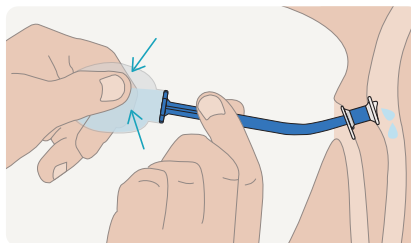
Dip pointed end of Flush into a glass of drinking water. Squeeze and release the clear silicone bulb to fill it with water.

2 Insert Flush

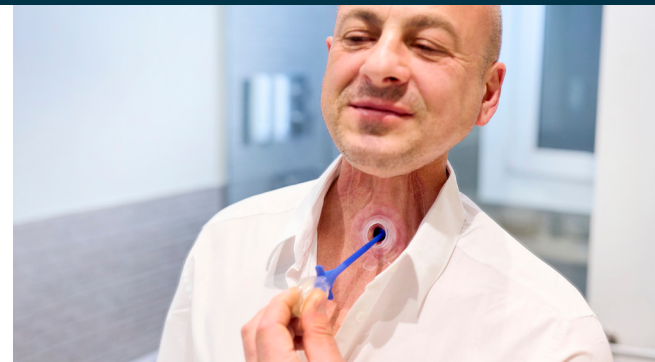


Insert pointed end of Flush into the VP until the flat edge is in line with the VP, ensuring it is sealed off.

3 Squeeze water



Squeeze water gently into the VP. Tilt the bulb upwards as you release the bulb. This will allow any water to return to the bulb rather than drip into the airway.



How to care for Provox Brush and Provox Flush

→ Clean

Brush and Flush with drinking water and dish soap, rinse and air dry before storing. (Note: Separate bulb from shaft after cleaning and prior to drying Flush.)

→ Disinfect

Brush and Flush by soaking using one of these methods:

- 70% Ethanol for 10 minutes **OR**
- 70% Isopropyl alcohol for 10 minutes **OR**
- 3% Hydrogen peroxide for 60 minutes

→ Replace

Brush once a month, or sooner, if the bristles become worn or discolored.

Flush at least once every 12 months.

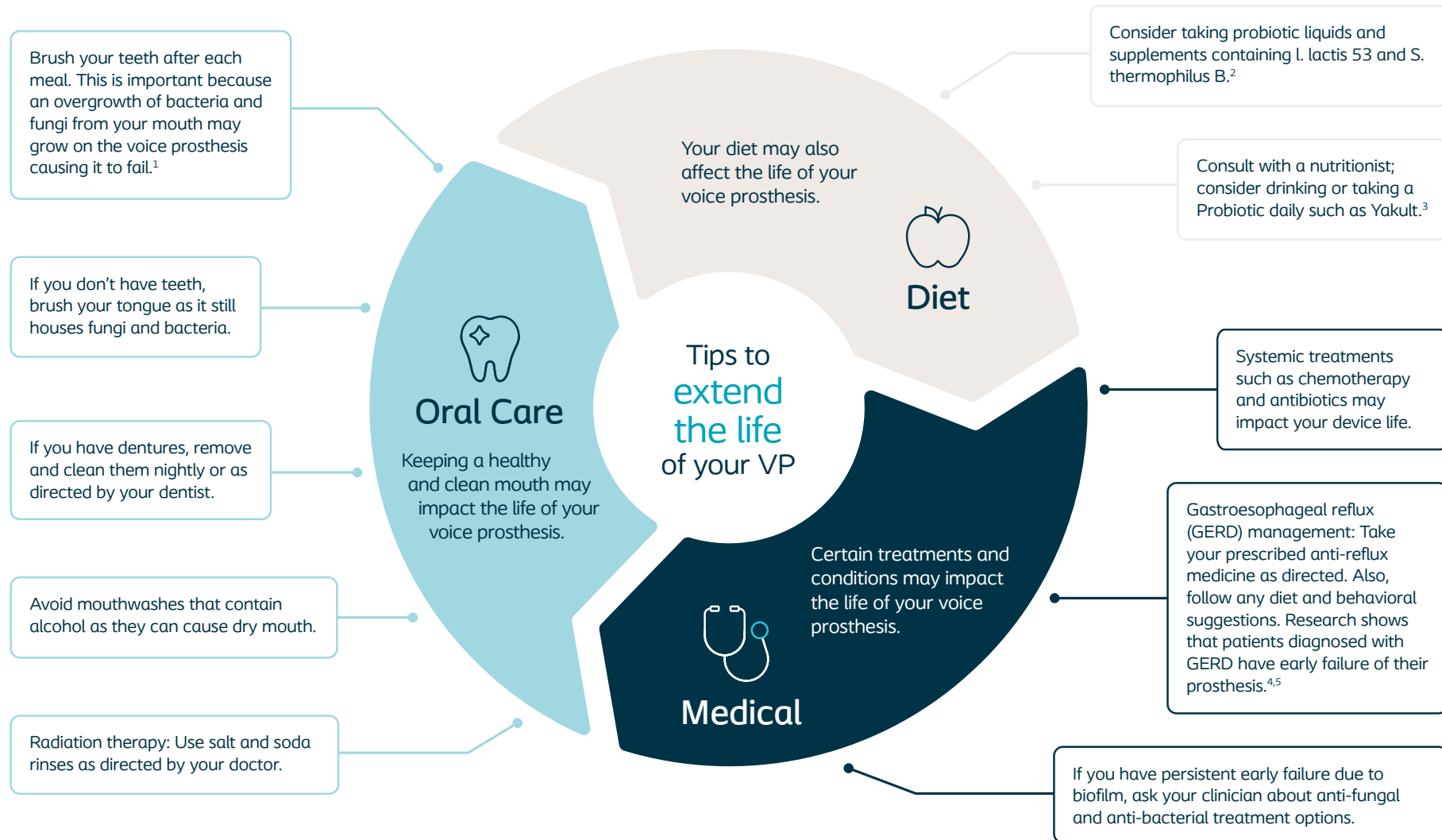
Refer to IFU for complete instructions.

Tip: Clean & disinfect Brush & Flush after use to ensure they are dry & ready for the next use.

Scan here to watch the video "Taking care of your voice prosthesis"

www.atosmedical.us/videos/taking-care-of-your-voice-prosthesis-2





References:

1. Williams, DW, Kuriyama, T, Silva, S, Malic, S, & Lewis, MAO. Candida biofilms and oral candidosis: treatment and prevention. *Periodontology*. 2011 55: 250-265.
2. Free, RH, van der Mei, HC, Dijk, F, van Weissenbruch, R, Busscher, JH, & Albers, FWJ. Biofilm formation on voice prostheses: In vitro influence of probiotics. *Ann Otol Rhinol Laryngol* 2001; 110: 946-951.
3. Schwandt, Van Weissenbruch, Van der Mei, Busscher, & Albers (2005). Effect of Dairy Products on the Lifetime of Provox2 Voice Prosthesis in Vitro & in Vivo. *Head & Neck*; 27(6): 471-477.
4. Lorenz, Grieser, Erhart & Maier. Role of Reflux in Tracheoesophageal Fistula Problems After Laryngectomy. *Ann. Otol. Rhinol. Laryngol* 2010, 119(11): 719-728.
5. Boscolo-Rizzo, Marchiori, Gava, Da Mosto. The impact of radiotherapy & GERD on in situ lifetime of indwelling voice prostheses. *Eur Arch Otorhinolaryngol* 2007; 265(7): 791-796.

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