

The TheraBite ActiveBand Kit includes the following items:

- ActiveBand
- Load Scale
- Instructions for Use
- Exercise Log



Gently insert the mouthpieces between your teeth.



Open and close your mouth against the resistance of the ActiveBand.

NOTE: Please read the Instructions for Use before using the TheraBite ActiveBand.

ATOS MEDICAL

Leading the way in ENT

Atos Medical products and expertise are developed in close cooperation with leading institutions, doctors, researchers, speech language pathologists and patients from all over the world. All our claims and arguments rest on the results of clinical studies. Atos Medical started the research and development on the first Provox voice prosthesis in 1987. Throughout the years, we have worked hard to develop Provox as the leading voice and pulmonary rehabilitation system on the market. We continue to allocate substantial resources for product development and training programs for Ear, Nose and Throat specialties. Our goal is clear: Atos Medical will continue to lead the way within ENT.

Ordering information

Product name	Quantity	REF
TheraBite® ActiveBand	1 pc	8260
TheraBite® Jaw Motion Rehabilitation System™, Adult	1 pc	TH001
TheraBite® Jaw Motion Rehabilitation System™, Pediatric	1 pc	TH002

Evidence & Experience™

Reference list

Carnaby-Mann G, Crary MA, Schmalfluss I, Amdur R. "Pharyngocise": Randomized Controlled Trial of Preventative Exercises to Maintain Muscle Structure and Swallowing Function During Head-and-Neck Chemoradiotherapy. *Int J Radiat Oncol Biol Phys* 2012 May 1;83(1):210-9.

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TheraBite® ActiveBand™



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**ATOS
MEDICAL**
Leading the way in ENT

TheraBite® ActiveBand™

An accessory for active exercise of the muscles of mastication

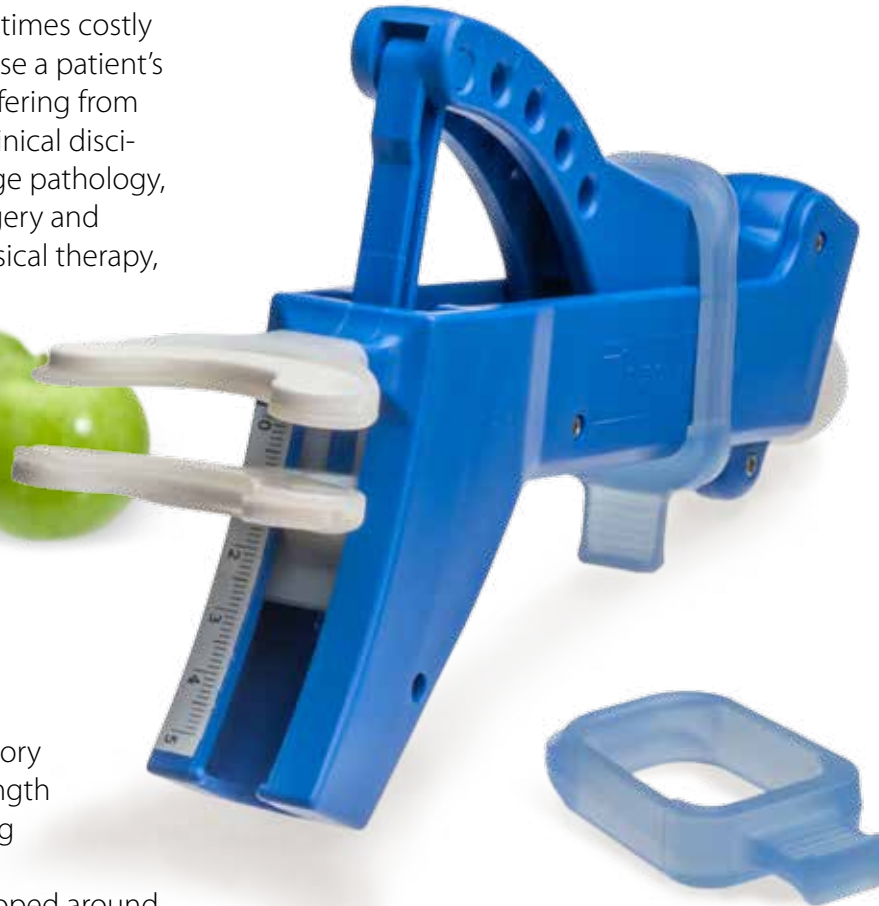
Trismus is a serious yet frequently overlooked condition that may appear at any age and can progress slowly but constantly. An early detection and rehabilitation can help patients with this restrictive condition and prevent sometimes costly complications which may compromise a patient's quality of life and health. Patients suffering from trismus can be found within many clinical disciplines, including speech and language pathology, radiation oncology, maxillofacial surgery and prosthodontics, otolaryngology, physical therapy, and dental surgery.



TheraBite ActiveBand

We are happy to introduce an accessory to exercise and improve muscle strength and endurance in weakened chewing muscles - the TheraBite ActiveBand.

It is an elastic silicone band that is looped around the Lever of the TheraBite Jaw Mobilizer. A Load Scale is attached to the bottom of the Jaw Mobilizer; the position of the band on the scale determines the level of resistance.



Clinical study

Study results show that the functional swallowing, mouth opening, smell- and taste decline, and salivation rate deteriorated less in the intervention arm, where TheraBite and ActiveBand were used for preventive exercises.

In this study, TheraBite and the ActiveBand were a part of the "Pharyngocise protocol" (which included a number of exercises).

The protocol was used for patients undergoing radiotherapy (with or without chemotherapy) after Head & Neck cancer.

TheraBite® Jaw Motion Rehabilitation System™

The TheraBite® Jaw Motion Rehabilitation System™ was launched by Atos Medical in 2003. Since then we helped tens of thousands of people all over the world with their jaw rehabilitation.

