

## Things to Do to Prepare for Travel

### Before you travel, find out the following:

- The name and contact number for a clinician that sees laryngectomees in the area you are visiting. Contact Atos Medical for suggestions as needed:

Name \_\_\_\_\_

Facility \_\_\_\_\_

Contact Information \_\_\_\_\_

The make, model and size of your voice prosthesis (ex.: Provox® Vega™ 22.5 Fr, 8mm, Ref. No. 8132)

Type \_\_\_\_\_ Fr \_\_\_\_\_ mm \_\_\_\_\_ REF \_\_\_\_\_

Your clinician's name and contact information: \_\_\_\_\_

Your ENT's name and contact information: \_\_\_\_\_

- Bring a voice prosthesis of your current size and type.
- Get a prescription from your physician for a clinician to see you in case of emergency.
- If you are traveling outside the country, contact Atos Medical. They are represented in most countries around the world and might be able to assist you in locating healthcare professionals throughout your travel. Purchasing travel insurance that covers medical assistance is advised.
- A letter from your doctor may be needed to bring special medical equipment (i.e. suction, moist air, oxygen) through airport security.
- Bring Atos Medical CareTips sheet "Topic 10: What to Do if Your VP Falls Out."

### Suggested Supplies to Pack:

Mirror	Provox® HMEs/Adhesives	Artificial larynx and spare batteries
Tweezers	Provox® Luna System	Flashlight
Hand sanitizer	Provox® Micron HME™	Saline bullets
Pen and paper	Provox® Skin Barrier	Cotton-tip applicators (for external use only)
Emergency card* and/or medical bracelet*	Provox® Adhesive Remover	
	Provox® Cleaning Towels	

\*Indicating you are a neck breather (in local language if traveling abroad)

### Items to Care for Your Voice Prosthesis:

Provox® Brush	Provox® Flush	Provox® Plugs*
Water soluble lubricant		

\*There are Provox Plugs available for Provox® Vega™, Provox® ActiValve®, Provox®2 and Provox® NiD.