

When and How to Use Provox® LaryTube™

The Provox LaryTube is a soft silicone tube designed to hold the Provox® Heat and Moisture Exchanger (HME) or Provox® ShowerAid and is placed in the stoma to prevent it from shrinking. The LaryTube or Provox® OptiDerm™ adhesive can be used as an alternative to your regular adhesive when the skin is irritated. Provox LaryTube can also be used during radiotherapy if you find you are temporarily unable to use an adhesive.

The Provox LaryTube is available in three versions:

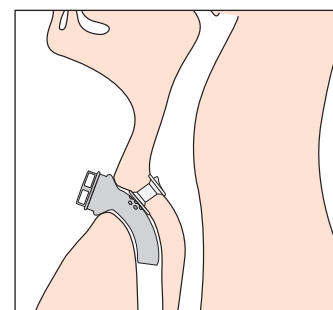
- **Fenestrated version** – For voice prosthesis users. Designed with holes so that air can go through the tube to the voice prosthesis. Can be attached with a Provox® TubeHolder or Provox® LaryClips™.
- **Standard version** – Made for use with or without a voice prosthesis; however, your clinician can place customized holes with a Provox FenestrationPunch for voice prosthesis users. The LaryTube can be attached with a Provox TubeHolder or Provox LaryClips.
- **Blue Ring version** – Can only be attached with a Provox Adhesive. Your clinician can place customized holes with a FenestrationPunch for voice prosthesis users.

1. Sizing of the Provox LaryTube

- The Provox LaryTube is available in four diameters and three lengths.
- The stoma should be just slightly bigger than the Provox LaryTube.
- It is important that the Provox LaryTube you use is of the correct type, width and length. The LaryTube should fit well into your stoma without causing irritation. Your clinician can help you determine which LaryTube is the best solution for you.

Tip: Voice prosthesis users should be cautious when inserting the Provox LaryTube. Direct the LaryTube in and down to avoid catching the voice prosthesis with the end of the LaryTube as this may cause accidental dislodgement.

Tip: Contact your clinician if you experience irritation from the tube or if you feel the tube has become too large or too small. You may need a different size.



2. Inserting the Provox LaryTube

- Lightly moisten the tube with water or a thin coating of water soluble lubricant.
- Attach the Provox LaryTube to Provox LaryClips, a Provox TubeHolder, or a Provox Adhesive (Blue Ring LaryTube only).
- Insert the Provox LaryTube into the stoma.
- Insert Provox HME into the cassette holder.



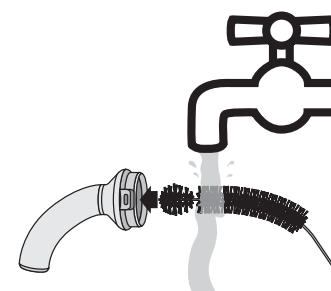
Provox LaryTube with
Provox LaryClips

3. Removing the Provox HME from the Provox LaryTube

- Hold Provox LaryTube in place with one hand.
- Hold the Provox HME and gently twist. Remove the HME while keeping the LaryTube in place.

4. Cleaning the Provox LaryTube

- Clean the LaryTube using a Provox TubeBrush at least once a day or whenever it becomes clogged with secretions. The Provox Brush can be used to clean the punctures of a fenestrated LaryTube.
- Clean and disinfect the LaryTube according to the Instructions for Use.



Provox Brush



Provox TubeBrush