

### When and How to Use Provox® LaryButton™

The Provox LaryButton inserts into the stoma to hold the Provox® Heat and Moisture Exchanger (HME) or Provox® ShowerAid. The LaryButton can help maintain the size of the stoma and prevent the stoma from shrinking. The LaryButton may be able to stay in the stoma by itself or may need to be held in place with Provox® LaryClips or Provox® TubeHolder.

#### 1. Sizing of the Provox LaryButton

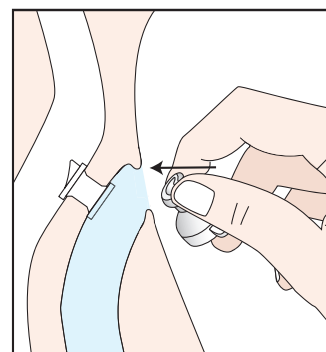
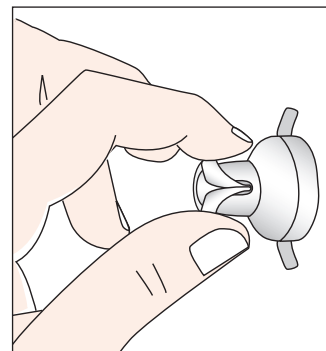
- Your ability to use the LaryButton depends on the size and shape of your stoma. It should fit well into your stoma without causing irritation. Always discuss with a clinician before using a LaryButton. Your clinician will be able to help you decide which LaryButton is best for you.

#### 2. Inserting the Provox LaryButton

- Lightly lubricate the small end of the LaryButton that fits into your stoma. Only use a water soluble lubricant.
- Fold the narrow end with your fingers or a blunt hemostat and hold it firmly folded.
- Insert the narrow end into your stoma and release your fingers or the hemostat.
- Gently tug on the LaryButton wings to ensure the LaryButton is seated in the correct position.
- Make sure that the LaryButton is in the correct position and that it is not pushing on the voice prosthesis.
- The LaryButton can be attached with Provox LaryClips or a Provox TubeHolder if necessary.
- Insert a Provox HME into the opening of the LaryButton.

#### 3. Wearing your Provox LaryButton

- Determine an appropriate wear schedule with your clinician.
- If you are having difficulty getting used to wearing your Provox LaryButton, wear it for short periods of time, gradually increasing the length of time as tolerance improves.



- Consult your clinician to determine if you can wear LaryButton during the night. (They might recommend using Provox® Luna® or a LaryTube with a smaller diameter so your stoma can shrink back down a bit.)

**Tip:** Contact your clinician if you experience irritation from the button or if you feel the button has become too large or too small. You may need a different size.

#### 4. Removing the Provox HME from the Provox LaryButton

- Hold Provox LaryButton in place with one hand.
- Hold the Provox HME and gently twist. Remove the HME while keeping the LaryButton in place.

#### 5. Removing the Provox LaryButton

- Hold the Provox LaryButton by the sides and gently turn it half way around to allow the narrow end to collapse.
- Remove the LaryButton by tilting it out of the stoma.

#### 6. Cleaning the LaryButton

- Clean the LaryButton using a Provox TubeBrush.
- Disinfect the LaryButton according to the Instructions for Use.

