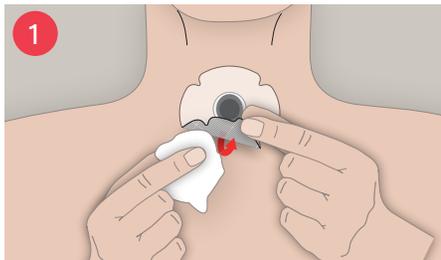


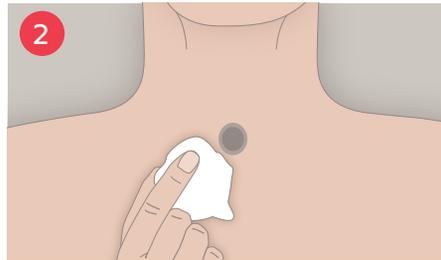
**Provox® Life™ Adhesives** are designed for a better fit and more comfort. They include choices suitable for a variety of skin types and stoma contours, providing a personalized solution for users.



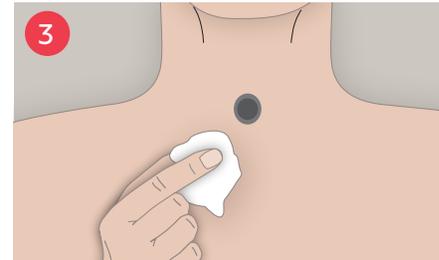
### Simple steps to change from your nighttime to your daytime adhesive



▶ **REMOVE** your Night HME. Then, moisten the Provox Life Night Adhesive with water and gently pull away the loosened adhesive.\*



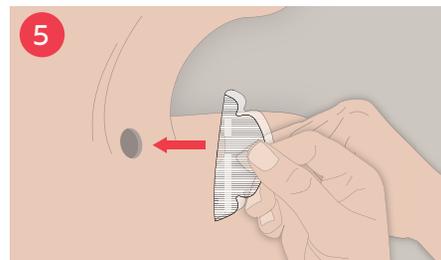
▶ **CLEAN** the skin around your stoma with Provox™ Cleaning Towel to remove any oil and adhesive residue.



▶ **PREPARE** the skin for your daytime adhesive by applying Provox® Skin Barrier on the clean, dry skin around your stoma.\* Allow the Skin Barrier to dry for 1-2 minutes.



▶ **WARM** the adhesive by rubbing it between your hands. This will help to activate the glue and help it stick better. Remove the protective paper from back of the adhesive.



▶ **APPLY** the adhesive by aligning the bottom ring with the lower lip of the stoma. Place and massage the adhesive onto the skin starting from the center and moving outwards.



▶ **MASSAGE** it into crevasses and deeper areas around your stoma. Attach your daytime HME to the SecureFit™ coupling – the click ensures it is secure.



Provox® Life™ Standard Adhesive



Provox® Life™ Sensitive Adhesive



Provox® Life™ Stability Adhesive

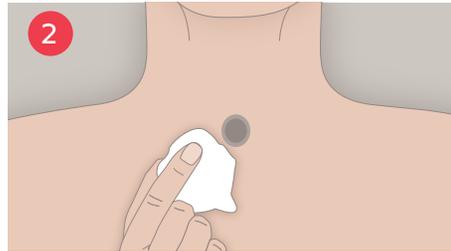
**Tip:** Wait **at least** 5 minutes prior to speaking with a voice prosthesis to improve adhesion.

\* **IMPORTANT:** If you are NOT using Night Adhesive for your nighttime adhesive, you can use Provox Adhesive Remover to loosen any other Provox Life Adhesive. If you are using Provox Night Adhesive during the day (or anytime) DO NOT use any skin barrier, cream or alcohol wipe immediately prior to applying Night.

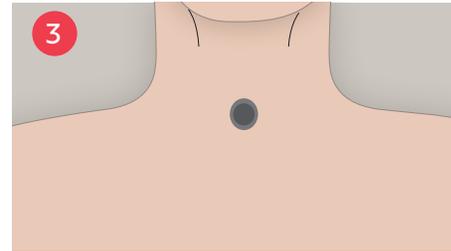
## Simple steps to change from your daytime to your nighttime adhesive



▶ **REMOVE** your daytime adhesive using Provox® Adhesive Remover, soaking the entire adhesive to loosen it. Apply Adhesive Remover under the edge of adhesive and use the wipe to gently push the adhesive off your skin.



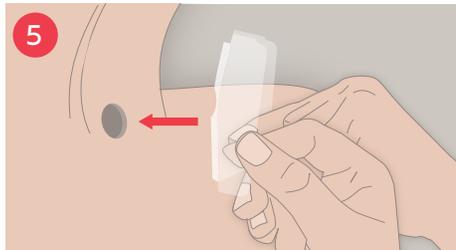
▶ **CLEAN** the skin around your stoma with Provox Cleaning Towel to remove any oil and adhesive residue.



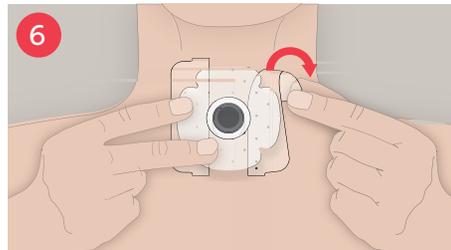
▶ **PREPARE** your skin by letting it dry completely. **DO NOT use Skin Barrier, wipe, cream or alcohol or any other skin prep prior to applying Night Adhesive as they may prevent the adhesive from sticking properly.**



▶ **WARM** the adhesive by rubbing it between your hands. This will help to activate the glue on the adhesive and help it stick better. Remove the protective middle paper on back of adhesive.



▶ **ATTACH** the bottom part first, aligning the inner ring with the bottom lip of your stoma.



▶ **APPLY** the center of the adhesive to the skin and massage it into the skin. Peel off the sides of the backing.



▶ **MASSAGE** the entire adhesive onto your skin. Gently attach your Night HME to the SecureFit coupling – the click ensures it is secure.



Provox® Life™ Night Adhesive

**Tip:** When opening the packet, check the transparent back side to ensure the adhesive is below the tear line. If not, shake the packet to move the adhesive to the bottom, then tear at the arrow.

**Tip:** Avoid getting Adhesive Remover or water in the stoma when removing your daytime adhesive.

**Tip:** Do not forcefully pull the adhesive off as this may damage your skin.

**Tip:** Check out the How-To Use Adhesives videos at our website: [www.atosmedical.us](http://www.atosmedical.us)